



PGMHA Playing Rules Supplement for U13/U15/U18 Recreational Division Registration 2026-2027

The purpose of this document is to add an additional set of rules and guidelines above and beyond those put in place by Hockey Canada, and BC Hockey.

Penalties:

- 1) **10-minute Misconduct Penalties.** Any player who receives a 3rd 10-minute Misconduct penalty in a season will be suspended for 1 game. If a 4th 10-minute Misconduct penalty has been assessed to the player, an additional 1 game suspension will be served. Upon receiving a 5th 10-minute misconduct penalty in a season, the player will be suspended indefinitely pending a full review of this player's actions by the PGMHA Disciplinary Committee.
- 2) **Body Checking.** In all Recreation divisions, any deliberate body check will be, at the discretion of the Referee, penalized with a Major Penalty and Game Misconduct. Recreation divisions are "No Hitting" divisions. It is understood that there may be some contact from time to time; however, players do not expect to be body checked in Recreation divisions. All decisions made on the ice by the Referee will be final and suspensions may not be appealed.
- 3) **Aggressive Penalties.** For the purpose of this document the following minor penalties will be considered "aggressive": Cross Checking, Boarding, Slashing, Roughing, Body Checking (minor), Slew-footing, Spearing, Clipping, Butt-ending, Charging. If it is identified that a player has received an above average number of these types of penalties, the PGMHA Discipline Committee may schedule a meeting with the player to discuss their "aggressive" play. Should this "aggressive" play continue after the meeting, the player may be suspended for any number of games as decided by the PGMHA Discipline Committee.
- 4) **Abuse of Officials.** No different than Hockey Canada or BC Hockey, PGMHA has a zero-tolerance policy regarding abuse of Officials. Should a Member be suspended by BC Hockey for Abuse of Officials, PGMHA **will** add an additional 1 game suspension to whatever suspension the player was given by BC Hockey.

PGMHA reserves the right to release any Member from the Association at any time for violation of this supplement. No refund will be issued.