

## **2026 Female 3V3 Jamboree Hosted by PGMHA**

- All games will be played with 3 players from each team on the ice.
- Each team MUST have at least one PGMHA Certified coach on the bench; No exceptions.
- Each round robin ice time is 45 minutes in length, consisting of the following:
  - 4 minute warm up
  - 3 - 12-minute run time (no stopping the clock, no exceptions)
  - 1 minute break between periods
  - 3 minutes to shake hands and exit the ice
- Each final's ice time and U15/18 division are 1 hour in length, consisting of the following:
  - 5 minute warm up
  - 5 minute warm up
  - 3- 16-minute run time periods (No stopping the clock, no exceptions)
  - 2-minute break between periods
  - 3 minutes to shake hands and exit the ice
- Shifts are 90 seconds in length and change is indicated by the bell, no stoppage in play when players change.
- **No** offsides **OR** Icing will be called in **ANY** division.
- Goals are whistled down and there will be a centre ice face off.
- Covered pucks will be whistled down, all offensive players must be clear of the blue line at the same time before re-engaging.
- All penalties will result in a penalty shot. After the shot the play will resume at the faceoff.
  - ALL major penalties will result in removal from the tournament
  - ALL misconduct penalties will result in game ejection and 1 game suspension
- A tie game will result in a player shootout of player by player until a team scores.
- No changes to be made to player rosters.
- Each game will have a Heart and Hustle Award and a Most Valuable Player Award to be handed out by the coaching staff of your own team.
- Points will be awarded as follows:
  - Win= 3 points
  - Shootout Win= 2 Points
  - Shootout Loss= 1 point
  - Loss- 0 Points
- Tiebreaker for 1st place (U11-U13)
  - Head-to-Head
  - Goal Differential (Max 7 differential per game)
  - Coin Toss

